

Diabetes: signs of instability

Select what has changed. A single sign may need care. The list does not confirm diabetes control.

Please note: Disorientation, sudden weakness, stumbling or tremors may indicate low blood sugar. Seek immediate care without waiting for seizures or fainting. If your pet is unconscious or having a seizure, do not force anything into their mouth.

Pet's name: _____

Date: _____

The four changes: report a return or worsening

- ☐ Polydipsia: drinking more water
- ☐ Polyuria: passing more urine
- ☐ Polyphagia: feeling hungrier
- ☐ Unplanned weight loss

Other changes: contact the team today

- ☐ Refused food or ate much less
- ☐ Vomited, even if apparently better afterwards
- ☐ Became unusually restless or vocal

Suspected low blood sugar: immediate care

- ☐ Became disoriented or behaved unusually
- ☐ Suddenly became very sleepy or weak
- ☐ Stumbling or uncoordinated walking
- ☐ Started trembling or having muscle twitches
- ☐ Had a seizure
- ☐ Fainted, collapsed or cannot get up
- ☐ Not responding normally or lost consciousness

Other observations

Do not adjust insulin based on signs. If you suspect low blood sugar, do not give more insulin until advised. Marked lethargy or vomiting with food refusal requires immediate assessment.

What changed, and when did it start?

Record signs and times for the team. Do not wait to complete the sheet if you suspect low blood sugar or a significant deterioration.

Pet's name: _____ Date: _____

Date and time	Sign / duration	Last meal / medication	Contact / advice

Water, urine, appetite and weight: what changed?

Please note: Disorientation, sudden weakness, stumbling or tremors may indicate low blood sugar. Seek immediate care without waiting for seizures or fainting. If your pet is unconscious or having a seizure, do not force anything into their mouth.

Action plan with your team

Agree on these instructions with your veterinarian and make contacts accessible to all caregivers.

Pet's name: _____ Date: _____

If thirst, urine, appetite or weight changes return or worsen

If you suspect low blood sugar

Clinic, emergency hospital and address

If food is refused, vomiting occurs or an injection is uncertain

Sources and explanations: AAHA (2026), Cornell, UC Davis and manufacturer instructions. References in the article.

Keep learning with Criando Elos

Read the warning signs again and bring your observations to your veterinary team.

[Read the guide on the website](#)